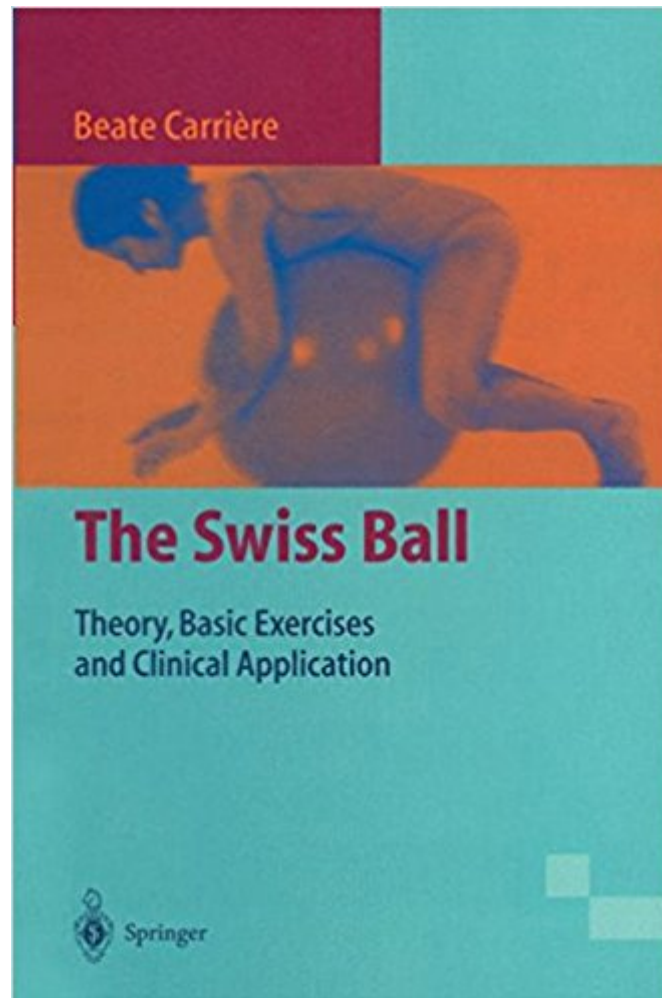




**Ebook Directory**  
the best source of ebook

The book was found

# The Swiss Ball: Theory, Basic Exercises And Clinical Applications



## Synopsis

I have known Beate Carriere for several years and have always been impressed by her deep understanding of the whole field of physiotherapy. In our discussions her questions and comments have been inspiring and demonstrate that her knowledge is not only based on reading but rather on life-long clinical practice and experience. Thus, it is no wonder that her book is exceptional, presenting the physiology, the pathophysiology, and a technical description of recommended exercises and their clinical application - and not as general recommendations but with convincing examples. All three of the sections are written in clear, understandable language. The author discusses the use of the Swiss ball; however, she did not limit herself to a technical description. Instead she set out to discover the underlying physiological mechanisms and has succeeded in showing how a knowledgeable physiotherapist can contribute to the development of physiotherapy as a science. Though based on the concept of S. Klein-Vogelbach, Beate Carriere has added so many of her own exercises, descriptions, and explanations that we are justified in speaking about the Carriere concept of using the Swiss ball. What I appreciate in particular is her critical view and attempt to see the patient and his problems from all possible aspects. Therefore, she does not consider the Swiss ball program the one and only means of treatment but incorporates other approaches as well.

## Book Information

Paperback: 385 pages

Publisher: Springer; 1998 edition (November 28, 2000)

Language: English

ISBN-10: 3540611444

ISBN-13: 978-3540611448

Product Dimensions: 6.1 x 0.9 x 9.2 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,145,326 in Books (See Top 100 in Books) #114 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Surgery > Urology #201 in Books > Medical Books > Medicine > Internal Medicine > Urology #389 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Orthopedics

[Download to continue reading...](#)

The Swiss Ball: Theory, Basic Exercises and Clinical Applications Memory Exercises: Memory

Exercises Unleashed: Top 12 Memory Exercises To Remember Work And Life In 24 Hours With The Definitive Memory Exercises Guide! (memory exercises, memory, brain training) Pimsleur Swiss German Level 1 CD: Learn to Speak and Understand Swiss German with Pimsleur Language Programs (Compact) Swiss German: Learn to Speak and Understand Swiss German with Pimsleur Language Programs Victorinox Swiss Army® Knife Whittling Book, Gift Edition: Fun, Easy-to-Make Projects with Your Swiss Army® Knife Nutritional Foundations and Clinical Applications: A Nursing Approach, 5e (Foundations and Clinical Applications of Nutrition) Recursion Theory, Godel's Theorems, Set Theory, Model Theory (Mathematical Logic: A Course With Exercises, Part II) Crystal Ball Gazing: The Complete Guide to Choosing and Reading Your Crystal Ball Greenspan's Basic and Clinical Endocrinology, Tenth Edition (Greenspan's Basic & Clinical Endocrinology) Basic & Clinical Pharmacology, Thirteenth Edition, SMARTBOOK® (Basic and Clinical Pharmacology) Spalding's Athletic Library - The Games of Lawn Hockey, Tether Ball, Golf-Croquet, Hand Tennis, Volley Ball, Hand Polo, Wicket Polo, Laws of Badminton, Drawing Room Hockey, Garden Hockey Basic Clinical Pharmacokinetics (Basic Clinical Pharmacokinetics (Winter)) Structural Equation Modeling with Mplus: Basic Concepts, Applications, and Programming (Multivariate Applications Series) Essentials of Neurophysiology: Basic Concepts and Clinical Applications for Scientists and Engineers (Series in Biomedical Engineering) Niedermeyer's Electroencephalography: Basic Principles, Clinical Applications, and Related Fields Photodynamic Therapy: Basic Principles and Clinical Applications Practical Clinical Hypnosis: Technique and Applications (Scientific Foundations of Clinical Counseling and Psychology) Basic and Clinical Pharmacology 12/E (LANGE Basic Science) Basic and Clinical Pharmacology, 11th Edition (LANGE Basic Science) Price Theory and Applications (with Economic Applications, InfoTrac 2-Semester Printed Access Card)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)